

### A SEMINAR "HOW TO OVERCOME WITH EXAMS FEAR" IX -XII CLASS

MTS CORRESPONDENT BARNALA  
FEBRUARY 8, 2023

**"Successful and unsuccessful people do not vary greatly in their abilities. They vary in their desires to reach their potential."**

MTS organized a seminar on how to cope with exam fears which is a matter of serious concern for the students who are appearing in both school and board



exams. Respected coordinators and experienced teachers motivated all the students by reminding them about their previous achievements. They also suggested a time-tested action plan for them to cope with the examination phobia.



They were advised to pay proper attention to each subject, making concise notes, proper diet and rest, stop comparing themselves with others.

Principal Mr. Daljeet Singh encouraged all the students by sharing that with proper planning and strategy, exam anxiety can be reduced and will enable the students to shine in the exams.

He also requested the parents to be supportive to their children by understanding their emotional needs during the exams.

### SEMINAR ON NATIONAL BUDGET 2023 XI – XII

MTS CORRESPONDENT BARNALA  
JANUARY 09, 2023

**"Commerce is a trial to predict the future."**

A Seminar on Indian National Budget 2023 was organized by the commerce department of MTS stating that the union budget of 2023 -24 aims to further strengthen India's economic status in the 75th year of India's independence.



The world has recognized the Indian economy as a bright star with its economic growth estimated at 7%. All the students were showing great interest as they kept asking their teacher relevant questions for their better understanding. The presentation by the worthy teachers of the commerce department of MTS captivated the attention of all and mesmerized them.



Principal, Mr Daljeet Singh expressed his satisfaction after attending the informative session and stressed the need of holding such sessions in the classroom also where students can interact with each other to understand and implement the concept of Commerce in words and reality.

### STUNNING PERFORMANCE IN ANTHE 2022 VIII-X CLASS

MTS CORRESPONDENT BARNALA  
FEBRUARY 11, 2023

**"Success isn't overnight. It's when every day you get a little better than the day before. It all adds up."**

MTS always recognized the efforts of all the Motherites and applauded them by giving them a much-needed boost and bolstering confidence, especially when they prepare for their exams. It helps them realize that they are being given the attention they deserve and their results speak about their performance.



The proud moment came, when in Talent Hunt Exam 2022-23 conducted by Aakash Institute. Keshav Mittal (X Newton) scored 431 and Anshpreet Kaur (X Newton) scored 565 All India Rank and All India Rank and was

awarded a gold medal and appreciation certificate.

According to Mr. Daljeet Singh, Principal MTS Barnala, talents hunt exams are very useful tools to evaluate the real academic worth of the students and it also helps them to pursue their ambition and face the tough competition of life and its challenges.

### A NEW INITIATIVE FOR PUBLIC SPEAKING III-XII CLASS

MTS CORRESPONDENT BARNALA  
FEBRUARY 13, 2023



**"The best way to conquer stage fright is to know what you are talking about".**

MTS believes that public speaking is one of the most effective ways to send one's message across limitless boundaries as it can influence the people around us. If we see something that needs to change and improve, it is the holistic personality. It is the best platform to raise the confidence of the students. On 13th February 2023, MTS launched a mission to develop 100 student public speakers in February 2023. The initiative has been taken with three students participating daily in the morning assembly. To begin with, students are encouraged to share their motivational thoughts with their teachers and students. The enthusiasm of students is soaring sky-high as more and more students come forward to enlist them for the coming months.



According to Mr Daljeet Singh, Principal MTS, public speaking builds and boosts confidence, personal satisfaction, and initial thinking, improves communication skills, learn to argue logically, develop leadership

skills and increases professional network. He lauded the commendable performances and presentations of the participants.

### PHENOMENAL PERFORMANCE III-V CLASS

MTS CORRESPONDENT BARNALA  
FEBRUARY 15, 2023

**"Victories aren't born on the field.  
You create them during practice. ..."**

Competitive exams help determine the initial career path, as getting success in these exams needs learning about logical reasoning, aptitude, and the subject field itself. It gives children a chance to understand what to expect in that particular field. Students of MTS appeared in the International Mathematics Olympiad and International Science Olympiad exams 2022-23 to nurture future scientists, technologists and IT talents.



All the students prove their ability to the best of MTS standards and expectations by scoring high marks, Animesh Prakash, Nirvesh Yadav, Hrithvik Singla, Tript Kaur Mallhi, Aayan Goyal, Sukhmanjot Singh, Ranveer Singh Bath, Ganika, Jasmcet Kaur Dhatt in IGKO won Gold Medals and appreciation certificates.

In IEO Shanaya Singh achieved 8th Zonal Rank and was appreciated with a medal of distinction and certificate whereas Adeeb Singh, Animesh Prakash, Dewank Mangla, Aarav Gupta, Kavya Kansal and Kashika received Gold medal of excellence. Principal Mr. Daljeet Singh congratulated all the winners for their outstanding achievements and hope for their betterment in future.

### SORTING OF FRUITS AND VEGETABLE ACTIVITY PLAYWAY -NURSERY

MTS CORRESPONDENT BARNALA  
FEBRUARY 15, 2023



**"When it comes to extracurricular activities, many children are getting too much of a good thing."**

MTS believes in activity-based teaching, so a sorting and grouping activity was organized for the students of play way to nursery classes with the aim to develop cognitive skills among the students from the very beginning of their school life. As sorting activity teaches young ones to notice similarities and differences, learn to categories, to develop early literacy and numeracy skills.

All the students were very quick and excited to sort out fruits and vegetables.



According to the Principal, Mr Daljeet Singh it was bliss to see the young kids completing their task of sorting out and added that activity-based teaching changes the behaviour of the child thus fulfilling the object of education.

### A SEMINAR ON GUIDELINES FOR BOARD EXAMS X & XII CLASS

MTS CORRESPONDENT BARNALA  
FEBRUARY 16, 2023

**"Before anything else, preparation is the key to success."**

MTS organised a seminar for the students of X and XII classes where senior coordinator Mr. Dixit Verma shared his valuable suggestions to motivate and encourage the students and informed them that CBSE board exams are not a memory test,



So rote learning may be avoided, instead it is important to understand the concept and be able to apply it. Now a few days are left so, all the students should create a study schedule, decide how many hours they need to study, find the time slot that works for them, take breaks, be flexible, make use of downtime, improve their weak points, practice sample papers, say no to social media, take rest and reviews their notes, build self-confidence etc. After attending this seminar all the students felt motivated as they learnt about a perfect action plan to take the exams without any problem. According to Principal, Mr. Daljeet Singh preparing for the exams may feel overwhelming but being dedicated to studies means one is already on the right track. So Best of Luck with the success.

**AN ACTIVITY**  
**"UNDERSTANDING**  
**PREPOSITIONS"**  
**I & II CLASS**

MTS CORRESPONDENT BARNALA  
FEBRUARY 15, 2023

**"It is the supreme art of the teacher to awaken joy in creative expression and knowledge."**

MTS conducted multisensory activity to clear the concept of prepositions to the students of I & II class through playing games and by presenting enjoyable activities. So that the children can learn while they have fun.



It helped the students to learn the concept of prepositions and they were able to apply them.

When Principal, Mr. Daljeet Singh had a look at the activity-based teaching classes, he was filled with appreciation for the commendable efforts of the teachers and the lively participation of the young students for which MTS has always been working tirelessly.

**18TH SPORTS AND ACADEMIC**  
**AWARD CEREMONY**

MTS CORRESPONDENT BARNALA  
FEBRUARY 19, 2023

**"Everyone has the will to win, but very few have the will to prepare to win."**



Barnala sports and Social welfare club organised its 18th sports and Academy Award ceremony where students of MTS were honoured in Academics and sports. The MTS Bhangra team performed in the function and they were appreciated for following the time benchmark of traditional Bhangra.

According to the Principal, Mr. Daljeet Singh, it was an honour for the MTS family to work together to bring out the best potential among the students.

**Congratulations to all the award winners.**

**A SEMINAR ON GUIDELINES**  
**FOR BOARD EXAMS**  
**X & XII CLASS**

MTS CORRESPONDENT BARNALA  
FEBRUARY 22, 2023

**"Self-belief and hard work will always earn you success".**



As the board exams are approaching near, the MTS has organized a seminar for the students of class X and XII regarding the guidelines issued by CBSE, to be followed during these board exams of session 2022-23. Principal Mr. Daljeet Singh conveyed his heartiest greeting to all the students who are appearing for their 10th and 12th CBSE board exams in the presence of their parents and wished for their brilliant success.



He also guided all the students to follow certain guidelines before, during, and after completing their exams.

He further emphasized remaining calm, focused, and time-conscious and taking exams without getting panic.

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